



# THE ORIGIN



Illustration by Ranjit Studios - The Bhrigu Stotram provided by Shrimati Satish Janardhan Sharma and Dr. Pandit Ramanuj Sharma of 68, Railway Mandi, Hoshiarpur, Punjab, India, Public Domain -

**Jyotish**, (from *Sanskrit* *jyotiṣa*, and *jyóti*- "light, heavenly body") or Vedic Astrology, as one of the “six limbs” (an “eye”) of the Vedas has been mentioned in many classical Indian texts, including Vishnu and [Shiva Purana](#).

The foundational astronomical text Jyotish is based on, [Vedānga Jyotiṣa](#), one of earliest known Indian texts on astronomy, dated around the 1400 BCE. Other contributing sources to Jyotish are Hellenistic influences of the Indo-Greek period related to military advances of Alexander the Great (326-323 BCE). One of the earliest treatises on Jyotish is [Yavanajataka](#) or the “Sayings of the Greeks”, translated by Yavaneśvara around 150 CE.

The oldest compendium of Jyotish, still in wide use today, is the [Brhat Parasara Hora Sastra](#) (BPHS) dated around 3000 BCE and composed in the form of a dialogue between Parasara Risi and his student Maitreya. Other compendiums still widely in use are Varahamira’s [Brihat Jataka](#) as well as [Bhrigu Samhita](#), the later attributed to the Sage Bhriguas who compiled over 500 000 charts suggesting 45 Million basic permutations describing our current, future and past lives.

Although every province in India maintains its own views on the Jyotish Panchanga (calendar), the two basic approaches in use are: the Lunar or North Indian system (with authors such as *Varahamira*, *Parashara*, *Kalidasa*, *Gopala* and *Ratnakara*), and the Solar or South India (*Nandhi*, *Agastya*, *Bhrigu*, *Vishwamitra* and *Atri*). In addition there are other traditional systems e.g. [Lal Kitab](#) as well as more contemporary approaches of Krishnamurti Paddhati ([KP system](#)) and [KN Rao](#), the last one considered to be one of the most respected contemporary Jyotish scholars in India as well as worldwide.\* An excellent and comprehensive history of Jyotish offered by Jyotish scholar and researcher Shyamasundara Das can be found [here](#).



# THE HOW OF READING JYOTISH CHART

For individuals, the benefit of Jyotish reading will help with describing patterns outlined at the time of birth as to understand the evolution of life's journey and how personal strengths, qualities, resources at disposal and timing of events should be evaluated or planned. I found Jyotish to be an exceptional tool for meeting challenges with *evolutionary acceptance* in mind, the one that nurtures the trust in ongoing possibilities for self-realization and self-compassion.

However, to understand Jyotish one must accept some constraints.

One is that the theory of Jyotish is based on Samkhya philosophy, Karma, reincarnation and the fact that even if there is an equal and opposite action (of Karma) the effects might not be linear or immediately observable in ones' life.

Another is that Jyotish differs from the Western astrology, both astronomically and interpretatively. Individuals who find themselves strongly identified with western Sun signs might find it difficult to accept that the astronomical Jyotish position differs. Unlike in the West, Jyotish uses the sidereal (observable) instead of the tropical (relative) zodiac and for that reason, an ongoing astronomical phenomenon called "precession of equinoxes" that has been separating the two zodiacs by one degree every 72 years, created a distance of almost 24 degrees - close to the one entire sign. However, Jyotish is much more than arguing about planetary placements and a serious seeker will understand quickly how the narrative in its absolute value offers a rich, multilayered and considerably enlightened perspective on one's life.

Jyotish is about relationships between Grahas (planets) that are "seizing", influencing and penetrating our consciousness - thinking, emotions and decision-making - with *adr̥ṣṭa* or the unseen reality, and us, human beings, wrestling with questions, struggles and search for meaning. The goal of Jyotish is to find ways in which to navigate around timing, relationships and resources, and gain acceptance of reality as is. Useful Jyotish consultations is meant to ease suffering and provide an intelligent and wholesome insight on career/profession, finances, relationships, marriage, family, children, health, education, spirituality, relocation, travel as well as many other fields. I see the consultations primarily as a play or energy exchange that helps with optimizing the expenditure of time, energy and actions in various areas of life. My hope is that, in addition, useful character traits such as gratitude, compassion and self-compassion, inner peace and better energy flow will be also developed.

*I offer my deepest gratitude to all my Gurus, mentors and extraordinary spiritual teachers who have been providing me with the guidance on this path.*

ॐ गं गणपतये नमः



# TYPES OF READING

## COMPREHENSIVE NATAL READING

If this is your first reading it will serve as a foundation for any further discussion. It will describe:

- Personality • Abilities • Life-purpose and direction • Strengths and weaknesses • An understanding of where you are now in the flow of time and predictions for what your future brings • Uncovering the hidden forces that motivate you • Discovering your way of service to the world • Establishing legitimacy of your desires • Providing a sense of grounding of how you relate to your surroundings • Growing the understanding of the strength of personal impact (I can do, am doing) • Attracting new opportunities by expanding your views and encouraging experimentation • Helping with reaching personal/ relationship, spiritual, physical and business goals.

In combination with *Life Purpose Coaching Discovery Package* (3 follow up sessions booked separately as a coaching package found here) it might help with understanding: personal motivational drivers • development or discovery of personal mission, vision and value statement • collaboration on of personalized "Life Purpose Statement" and alternative road maps to the future • unique, personalized "Life Purpose Strategy" outline • tactical recommendations and/or referrals • framework for measuring success

If this is your first Jyotish reading with me, consults are in-person, or by Zoom.  
75-90 min - 180.00

## **FOLLOW-UP SESSION** *(for those who have had a natal reading already)*

In some cases an initial consultation will bring up further questions, and you simply want to go deeper into one area of your life – or to continue on earlier consultations.

This session can be a good support when having to make difficult life decisions and radical changes.

30 min – 75.00

60 min – 108.00

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IMPORTANT: Birth data is required and birth data includes: date and place of birth incl. the exact time of your birth. In preparation for your consultation, a documented birth time is very important. Try to obtain birth time from a credible document if possible, e.g. birth certificate, hospital record, baby book, etc.



## ABOUT

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Eliana Freiseis - Trinaistic has been immersed in studies of Western philosophy, literature and astrology, Chinese medicine, Tibetan Buddhism, Yoga and Jyotir Vidya\*\* for almost 30 years.

Eliana is a Certified Executive and Mindfulness Coach, Shiatsu Therapist and Certified Yoga Teacher (300-RYS), abundantly blessed with having an access to renowned mentors, teachers and Gurus such as Sri Krishan Mantriji, Robert Svoboda, Margaret Mahan and Lama Tsultrim Allione.



Eliana is certified by the International Coach Federation and has a graduate degree in Slavic Languages and Literature, Master in Information and Environmental Sciences, and is currently completing Master in Business Administration (MBA) focusing on social justice in social purpose economy.

Eliana has been practicing and teaching through Toronto, Ontario based Dharma Associates ([www.dharmassociates.com](http://www.dharmassociates.com)) and, occasionally, from her home country, Croatia.



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\*Within it, Jyotish has many “types” considered within the three main branches:

- ❖ Ganitha and Gola or mathematical calculations that include the casting of the horoscope, calendars, transits, eclipses and spherical geometry.
- ❖ Hora (Gochara, transits and Jataka, natal charts) that is relevant to interpretation of charts of individuals, complemented by *Varshaphala* (annual solar returns), *Prasna*, a horary astrology of the moment, *Muhurta*, the electional charts, and *Nimitta*, a study and practice of omenology.
- ❖ Samhita or mundane fortune of groups, nations as well as used for weather forecasting, meteors, comets and astral phenomena.

There are also others not mentioned above such as Swara Sastra (phonetical reading), Ankjyotisha (numerology), Naadi Astrology, Tajik Sastra or Varsha Phal, Jaimini Sutras as well as others that require many years of study to be fully mastered.

\*\*\*Jyotish is the Jyotir Vidya (the Lore of Light), a Vidya which can be had only through jyotishis, because Jyotish is the study of all facets of the “lords of light”: the Sun, moon, planets and stars.” Robert Svoboda and Hard the Fouw, *Light on Life: An Introduction to the Astrology of India*